

# Captain Sudley

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Captain Sudley, or, Carolan's Dowry (AABB)

Val Medve

3C set, 2s are active in middle place

*Non-progressive version:*

- A1 1-4 2s right-hand star with the couple to their right (1M and 3s; 1W and 2s),  
5-8 2s back-to-back by the R shoulder.
- A2 1-4 2s left-hand star with the couple to their left (1M and 2s; 1W and 3s),  
5-8 2s back-to-back L shoulder.
- B1 1-4 Lines of 3 forward and back,  
5-8 All join hands and circle L halfway.
- B2 1-4 Lines of 3 forward and back,  
5-8 All join hands and circle L halfway.

*Progressive version:*

- B2 1-4 Lines of 3 forward and back (at this point the original 3s are at the top of the set and all are improper)  
5-8 Bottom couple (original ones) set and turn two hands halfway *while* top man and W2 (second corner positions) change places (bars 5-6) and top woman and M2 change places (bars 7-8).

Val's teaching tip: Remind the new middle woman that she will start the next round by starring with the person she just crossed with. She writes that this dance was inspired by Antony Heywood's dance, "Exwood United," set to the same tune.

*The Blind Harper Dances Again: More Modern ECDs set to tunes by Turlough O'Carolan*